

**2019 FHSAA 4A Region 3 Championship**  
**Hosted By: Freedom HS (Orlando)**  
**Session Report**

Session: 1 2019 FHSAA Regional Championship - Swim

Day of Meet: 1 Starts at 10:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 200 Medley Relay	16	2	10:00 AM	_____
Finals	2 Boys 200 Medley Relay	16	2	10:06 AM	_____
Finals	3 Girls 200 Freestyle	24	3	10:12 AM	_____
Finals	4 Boys 200 Freestyle	24	3	10:20 AM	_____
Finals	5 Girls 200 IM	24	3	10:27 AM	_____
Finals	6 Boys 200 IM	24	3	10:36 AM	_____
Finals	7 Girls 50 Freestyle	24	3	10:44 AM	_____
Finals	8 Boys 50 Freestyle	24	3	10:47 AM	_____
	Break: 15 Minutes:				
Finals	11 Girls 100 Butterfly	24	3	11:05 AM	_____
Finals	12 Boys 100 Butterfly	24	3	11:09 AM	_____
Finals	13 Girls 100 Freestyle	24	3	11:14 AM	_____
Finals	14 Boys 100 Freestyle	24	3	11:18 AM	_____
Finals	15 Girls 500 Freestyle	24	3	11:22 AM	_____
Finals	16 Boys 500 Freestyle	24	3	11:41 AM	_____
Finals	17 Girls 200 Freestyle Relay	16	2	11:59 AM	_____
Finals	18 Boys 200 Freestyle Relay	16	2	12:04 PM	_____
	Break: 10 Minutes:				
Finals	19 Girls 100 Backstroke	24	3	12:18 PM	_____
Finals	20 Boys 100 Backstroke	24	3	12:24 PM	_____
Finals	21 Girls 100 Breaststroke	24	3	12:29 PM	_____
Finals	22 Boys 100 Breaststroke	24	3	12:34 PM	_____
	Break: 5 Minutes:				
Finals	23 Girls 400 Freestyle Relay	16	2	12:44 PM	_____
Finals	24 Boys 400 Freestyle Relay	16	2	12:54 PM	_____
	Swimmers Counts for Warm-ups: 220	=====	=====		
	Entry / Heat Totals:	480	60		
	Finish Time			01:03 PM	_____